blue phase

i wake up at 4am to the sound of a car, skidding with tears in my eyes for some reason, sticky cheek i make coffee and pretend that i have to catch a train outside is all blue and i tell it to envelope me and the birds with their beautiful screaming there's a sound caught in my throat that coats my teeth and you can't hear me because you're doing this childish silent treatment thing i wish i was heading ten hours north to maine remember when you just had a tent, and no bells